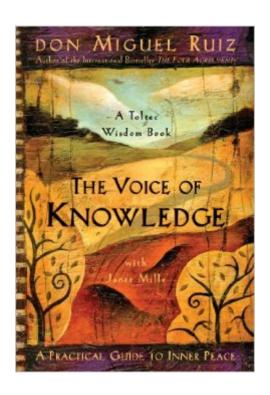
## The book was found

# The Voice Of Knowledge: A Practical Guide To Inner Peace





# Synopsis

A spiritual guide to overcoming negative emotions offers advice on saying what one means, refusing to speak against oneself, and ending self-deprecating thoughts and attitudes as part of realizing true knowledge and being true to oneself.

## **Book Information**

Series: Toltec Wisdom

Paperback: 248 pages

Publisher: Amber-Allen Publishing (April 2004)

Language: English

ISBN-10: 1878424548

ISBN-13: 978-1878424549

Product Dimensions: 0.8 x 5.5 x 7.2 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars Â See all reviews (248 customer reviews)

Best Sellers Rank: #11,537 in Books (See Top 100 in Books) #10 in Books > Politics & Social

Sciences > Philosophy > Epistemology #51 in Books > Politics & Social Sciences > Philosophy >

Ethics & Morality #88 in Books > Self-Help > Spiritual

### Customer Reviews

Days after finishing the new offering from don Miguel Ruiz and Janet Mills, I found the essence of its meaning reaffirmed time and again, and frequently "heard" the teaching in the middle of daily issues or challenges. Just like the wonderful "Four Agreements", this book presents valuable lessons for practical use with everyday living. We learn in Chapter One that the "Voice of Knowledge" is not a benevolent one, but the incessant chattering that humans unconsciously perpetuate daily, the "...voice in our head. You can call it thinking. I call it the voice of knowledge." (Ch. 1) Ruiz' descriptions of his grandfather's teachings are an immediate wonderful antidote to the wearying Voice of Knowledge that we so often succumb to. His words are beautiful encouragement to rediscover the wonder of childhood. One of his great lines sticks with me: "Faith is the power of creation that all humans have, and it doesn't have anything to do with religion." He goes on to describe the difference between having faith in one's own goodness versus believing the lies of others who might convince us we're not good enough or smart enough. The realizations that Ruiz experiences in Chapter 4, A Night in the Desert, are an inspiring description of one mind grasping the Truth of the Ages. His account of experiencing the universe experiencing him is an eloquent and

understandable report of an epiphany that's a joy to read. I call page 47 the "truth page". Soon after this exhilarating evening in the desert, we learn about the "Storyteller", the essence of the Voice of Lies that pervades our consciousness all too often. I think "storyteller" is an apt term for that demon we all wrestle with - Little mind, monkeymind, maya, etc. etc.

#### Download to continue reading...

The Voice of Knowledge: A Practical Guide to Inner Peace Inner Peace - Adult Coloring Books: Beautiful Images Promoting Mindfulness, Wellness, And Inner Harmony (Yoga and Hindu Inspired Drawings included) Swear Word Coloring Book for Parents: Unleash your inner-parent!: Relax, color, and let your inner-parent out with this stress relieving adult coloring book. Become an Inner Circle Assistant: How to be a star in your profession and achieve Inner Circle status! Living from Your Center: Guided Meditations for Creating Balance & Inner Strength (Inner Vision Series) The Knowledge Manager's Handbook: A Step-by-Step Guide to Embedding Effective Knowledge Management in your Organization Orthopaedic Knowledge Update: Foot and Ankle 4 (Orthopedic Knowledge Update) Integrated Theory & Knowledge Development in Nursing, 8e (Chinn, Integrated Theory and Knowledge Development in Nursing) The New Edge in Knowledge: How Knowledge Management Is Changing the Way We Do Business Light on Life: The Yoga Journey to Wholeness, Inner Peace, and Ultimate Freedom Be an Island: The Buddhist Practice of Inner Peace The Dalai Lama's Little Book of Inner Peace: The Essential Life and Teachings A Handbook of Chakra Healing: Spiritual Practice for Health, Harmony and Inner Peace Cultivating Inner Peace: Exploring the Psychology, Wisdom and Poetry of Gandhi, Thoreau, the Buddha, and Others Feng Shaun: Discover Inner Peace with Shaun the Sheep Living a Life of Inner Peace Tai Chi for Beginners: Find Serenity and Inner Peace through the Ancient Art of Tai Chi (Tai Chi Chuan | Taijiguan) The Inner Voice: The Making of a Singer The Reason I Jump: The Inner Voice of a Thirteen-Year-Old Boy with Autism The Inner Voice of Love: A Journey Through Anguish to Freedom

**Dmca**